



THEOPHILUS CAMPUS PULSE

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NEWS LETTER OF MAR THEOPHILUS TRAINING COLLEGE

MAR IVANIOS VIDYA NAGAR, NALANCHIRA, THIRUVANANTHAPURAM - 695 015, KERALA
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FROM THE PRINCIPAL'S DESK

The last quarter of the academic year is one of hopes as it is the time of a harvest where we reap the yield of our toils in class along with the student teachers who pass out each year with fresh aspirations and hopes for a sparkling career in teaching. Our prayers are with the First year B.Ed. students who are writing their Second semester examination and the Second years who have completed their Practical Examinations and are all geared up for the online examinations. It is worth mentioning that without the support of an earnest Parent Teacher association and the strong backing of THEOSA, our alumni association we could not have achieved our goals in its fullness. The management too extended all necessary amenities towards the smooth running of the institution. The college community is thankful to the Almighty for an eventful year that is slowly getting to a serene closure. The college is now moving towards the next cycle of Institutional accreditation. The laurels of the past have worn out by now and new battles must be fought and new trophies won in order to retain the pride of the college and to hold high its flag. Let us move towards a brighter tomorrow with your consorted efforts and whole hearted support like always.

Dr. K. Y. Benedict
Principal

Dimaond Jubilee Memorial Desikothama Award Bestowed on Dr. Esther Gladiz



Desikothama Award initiated by the Alumni of Mar Theophilus Training College for an alumini who served a remarkable contribution in the field of education. The award comprises a cash award of Rs. 25,000, memento and a citation. Major contributors for this award were Mrs. S. Lally former MEd. student (NRI) and Abrose Kunnil, President of Theosa.

The Butterfly effect of Positive Psychology

The Butterfly effect is a scientific truth, it is gaining popularity, all over the world. Each flap of the Butterfly's wings causes a tiny change in the air pressure around the butterfly, even though this fluctuation is insignificant compared to the air's total pressure.

Small things make big difference. This is a truth. Positive Psychology transforms the human mind and thus the society. It is the scientific study of the strengths that enable individuals and societies to thrive. People want to lead a meaningful and fulfilling lives to cultivate what is best in themselves and to enhance their experiences of love, work and play. The study of Positive Psychology makes life most worth living.

A positive attitude towards life will help to view challenges as opportunities rather than threats. Positive Psychology inculcates positive attitude and it opens our eyes to so many opportunities and our new challenges transforms to new opportunities. It develops Buoyancy and Resilience of life. Which are the secrets of happiness.

Dr. Giby Geevarughese

MALAYALI MANKA CONTEST



English Association 'Castala' organized Malayali Manka Contest on November 1st 2017. Students from all optional participated in the event. Ms. Feleeshiya John (Social Science Optional) won the Malayali Manka title, Ms. Vishnu Priya (Natural Science) & Ms. Fathima (Natural Science) were the first and second runner up respectively.



SPARKZ - 17



The annual college Fest Sparkz-17 was held on 6th and 7th November 2017. The inauguration of the fest was done by Prof. Aliyar, Rtd HOD, Malayalam city college and cine artist. The blessing speech was done by Rt. Rev. Yoohanoon Mar Theodosius, Curia Bishop, Thiruvananthapuram



INTER COLLEGIATE MAR BASELIOS QUIZ

The inter collegiate Quiz competition held on MTTC at 6th November 2017, 8 teams from different college participated in the competition. KUCTE Kumarapuram won the first prize and Christnagar won the second. Mr. Bobby Raj Kerala University Assistant Accountant was the Quiz Master.



INTER COLLEGIATE BADMINTON COMPETITION



Badminton Competition for men and women was conducted on 6th November A.N. Session at Mar Baselios Indoor Court 5 teams were competed for women's trophy and 6 teams for men's trophy. The host team won the first place for both men and women team, Mr. Aromal Sreekumar and Mr. Alan Abraham won the men's trophy and Sr. Mini M. Jose, and Ms. Elizabeth Mathew won the Women's G.C.TE, Thycaud won the Men's and Women's runner up trophy.



BEST TALENTED PROSPECTIVE TEACHER AND BEST SCIENCE TEACHER

Best talented prospective teacher and Best Science teacher contest SPARKZ was conducted on 7th November 2017. It contains 4 rounds and after the performance of teaching and interview judges select Mr. Girl Sankar as the Best Prospective teacher (MTTC)



and Serin from Christnagar College as the runner up. Ms. Arya (MTTC) was selected as the Best Science Teacher. The over all ever rolling trophy instituted by 61st Batch in Loving Memory of Mr. Lakose was won by the Host team with 50 points.



MUSICAL FIESTA



A musical fest was organised by the 61st college Union in Connection with college annual programme SPARKZ-17 at Mar Gregorios Renewal Centre on 6th November 2017 at 5.30 pm onwards. The musical Fiesta was led by the alumni of MTTC Mr. Ben Johnson and his team. It provided spectacular treat for the entire inmates of Mar Ivanios Vidya Nagar.

Editorial

As the summer is warming Mar Ivanios Vidya Nagar, we are moving towards the close of an academic year. The period had been eventful on different counts. The colourful Course Completion ceremony, the Practical Examinations where the students upheld the integrity of the college by putting in their best efforts, the grand college day, the first Desikothama award to Dr. Esther Gladiz, farewell to Sri. George Mathew (Junior Superintendent), the model exams and the last minute preparation for the online examination etc. the list is unending.

The future always comes to us with a divine hope of tomorrow now its the time for parting. Let us wish all the aspiring teachers, the very best for the examination which is fast approaching. May the blessings of God and the prayers of all teachers be with the M.Ed. and B.Ed. students. We would invite the scholars with a warm welcome to join back to continue studies in their alma mater. Let the holidays be a pleasant siesta which is well spent.

Mrs. Shiney Jacob
Dr. Laji Varghese

OATH TAKING CEREMONY

62nd college union took Oath on 13th November 2017. At the portico members of the union took pledge and sign the document in the presence of Dr. K. Y. Benedict, Principal teachers and the whole MTTC family, after that the first executive meeting was held at Principals Chamber. Mrs. Deepthi Elizabeth of teaching faculty selected as the Union Advisor.



DRISHYAM 2017 - CHILDREN'S SHORT FILM FEST

62nd union organised a short film fest on 14th November 2017. Students from different schools participated in the programme. Students from Kendriya Vidyalaya Akkulam, won the first prize and St. John's H.S.S., Nalanchira won the first runner up.



CLUB FORMATION

Club formation of 2017-18 academic year was held on 16th November 2017. Students were divided into different clubs and teacher in charge also allotted on the same day. An executive meeting to select the president & secretary was done after the meeting.

AWARENESS PROGRAMME - TOFEL

TOFEL awareness programme by ELT international Pennsylvania, was organised at Mar Theophilus Training College on 10th January 2018. Mr. Rakesh Mishra, Chief of the group gave a detailed description about Tofel. A small interactive session was arranged inside the Tofel mobile van after that.

MONTHLY SOCIAL EVENT 2 K 17

Eco club and the entire college initiated a programme 'Monthly Social Event 2K17, on 21st November 2017 to clean our campus. The main aim was to give field experience of togetherness, and make our campus clean. Along this noble venture MTTC family planted and potted trees on the premises.



UNION & ARTS CLUB INAUGURATION

2017-18 college Union & Arts club inauguration was conducted on 8th December 2017. Dr. Balachandran Kunju, former principal, KUCTE, Nedumangadu inaugurate the union & Kumari Devu Krishna Actress and cine artist inaugurate the Arts club. Dr. Balakrishnan Kunji Sir high lighted the relevance of union and its team work for enhancing the leadership skill, which ultimately act as a catalyst for the smooth functioning of the college. Kumari Devu Krishna remarked the importance of arts and aesthetic for moulding the personality of the student teachers.



Faculty as resource person in international seminar

Dr Joju John Asst. Professor, MTTC has offered service as resource person in two international seminars. He delivered the keynote on Environmental Values in the International Seminar held at Sree Ayyappa College for Women Nagarkovil on 2nd February 2018 and delivered the invited talk on Soft Skills for Teachers in the International Seminar held at Immanuel Arasar College of Education on March 8th, 2018 at Marthandom.



LEARNING MANAGEMENT SYSTEM (LMS)

LMS was initiated on 13th December and data entry of students are going on. It enables the teachers for tracking learner progress and their performance milestones, It also reduces the cost for the learning and development.



CHRISTMAS DAY CELEBRATION

AICUF and the students of 61st and 62nd College Union initiated Christmas celebration on 22nd December 2017. AN. Rev. Fr. John Padipurayil was the chief guest. He delivered Christmas message and students exhibit their talents after the meeting.



TRANSNATIONAL COLLOQUIUM



MTTC on behalf of IQSC, organized a Transnational Colloquium and an open discussion on 9th January 2018. Two Professors & 18 Students (Graduate-Dual Master) from ELON University, North Carolina, USA arranged an exhibition on various concepts (how to teach Mathematics & Science using Simpler Methods) and shared and discussed their views about the educational system in India and Abroad.



THEOSA FEST



The annual meet of Alumni Association 'Theosa Fest' was held on 13th January 2018. The Alumni members who passed out before 1992 were felicitated and honoured. They shared their experiences on the occasion.

New Award was instituted by Dr. K. Y. Benedict in memory of Prof. Mary Mathew for best lesson template designing from each option. Awards for achievements were also given. The formal function was followed by a colourful extravaganza by the members of Theosa and also the students of MTTC.



"NAGAKAZHCHA"- AN AWARENESS PROGRAMME ON SNAKES

61st & 62nd batch students of Population Education Club conducted an awareness programme on Snakes at MTTC. Sri. Vava Suresh engaged a very interesting session. The staff & Students got a direct experience of various types of snakes and different facts on our bio diversity. They also got an awareness on other false superstitious beliefs regarding snakes. Altogether the session was a memorable one.



REPUBLIC DAY CELEBRATIONS

We the entire MTTC family celebrated 69th republic day on 26th January 2018 our Principal Dr. K. Y. Benedict hosted the national flag and delivered the republic day message. Social Science optional students conducted a quiz programme on the occasion.



VOICE OF FREEDOM

62nd College Union organised a mock press on 3rd February 2018 at the auditorium. Students from each optional participated in the programme. Anchu Jayaraj from Natural Science Optional won the competition.



POSTER MAKING COMPETITION



Natural Science Association, 'Brainbow' organized a Poster Making Competition in connection with Wet land conservation day on 3rd February 2018. Two students from each optional participated in the poster competition. Among the six optional English, Malayalam, Mathematics optionals won the 1st, 2nd and 3rd places sequentially.



RESOURCE SHARING

B.Ed. Students from St. Thomas Training College visited the college library as part of their project work. It was a week long programme from 5th to 9th February 2018.



HEALTH AWARENESS PROGRAMME

Health Club organized a public Health Awareness Programme on 8th February 2018 for depicting the importance of doing exercise. Dr. T. P. Jose, faculty of MTTC conducted the seminar and demonstration on 'How we can improve our health by doing exercise. Dr. T. P. Jose took one month training programme on Aerobics for the students of Lawcollege and Physiotherapy.



THEOSA TOUR



Theosa tour 2018 was held on 10th Feb. 2018. Vazhvanthol water falls was the tour of destination. The old students along with the current students enjoyed the

EXHIBITION (EDUSCAPE 2K18)

An innovative exhibition was conducted by the 61st College Union on 14th February 2018. Most Very Rev. Dr. Varkey Attapurath inaugurate the exhibition. Students exhibit their models and innovative works on the occasion.



ROUND TABLE LITERARY CONCLAVE

Second year students present the review of the book that read by them during their course and select the best presenter from each class. First year students were the audience of the programme.



CRICKET TOURNAMENT

Students of MTTC, participated the Cricket Tournament conducted by CSI College of Education Parassala. There were eight teams participated in this tournament the team from the Mar Theophilus grabbed the First Prize.



NATIONAL SCIENCE DAY CELEBRATION

On 28th February 2018, As part of the National Science Day Natural science optional (Brain Bow) introduced a Filtered Water system for the needy to quench the thirst of the students during the summer days and they also placed an open water drinking pot for birds in the campus of MTTC. On the same day the Physical Science optional and Natural Science optional organized a Documentary Presentation and a Quiz competition respectively for enabling student teachers to know the contributions of science towards the modern world.



SELF DEFENCE PROGRAMME

62nd college union organised a self defence programme on 5th March 2018. The class was taken by Sulfath Beevi N. and Jaya Mary A. (Kerala Police) with a practical session. A legal awareness class was taken by Adv. Krishna L.R.



RETREAT

Annual Retreat programme was organised by AICUF unit of the college on 6th March 2018. Desika Dharma Chintna Bothik retreat programme was led by Fr. Sebastian and Prof. Dr. Balachandra Kunji. A counselling session was also conducted by Sr. Juli S.H.

BEST CLUB AND ASSOCIATION

Club and Association Report of 61st College Union present their report on 8th March 2018. Eco club was selected as the best club and English optional FIAMA selected as the best Association.

INTERNATIONAL WOMEN'S DAY CELEBRATION



62nd College Union and women cell organised international Women's day celebration on 8th March 2018. Shahida Kalam, Member of Kerala State Women's Association was the chief guest of the programme.

ONE DAY TOUR

One day tour for first year B.Ed students 2017-19 was organised on 9th March 2018. Botanical Garden, Palode and Mankayam Waterfalls were the place of destination. Students got a first hand experience from the trip.



EXTENTION ACTIVITIES

E-Content training Programme at Department of education.

Dr Maya S., Dr Joju John, Mr. Ronald have participated in the Seven Day E-content workshop conducted at Department of Education from 29th Jan. 2018 to 4th Feb. 2018 and developed e-contents materials. Dr. K.Y. Benedict the principal of the college was one of the experts who evaluated the e-contents developed by the 37 participants.



COLLEGE DAY CELEBRATION

61st College Day celebrations was held on 15th March 2018 at college auditorium His Beatitude Moran Mor Baselios Cardinal Cleemis, Major Archbishop Catholicos of Syro Malankara Catholic Church was the chief guest. In this occasion His Beatitude selected and awarded the first Dimond Jubilee Memorial Desikothama Award to Dr. Esther Gladiz, former principal of MTTC for her inspiring and motivating service to the educational sector.



His Beatitude blessed the ceremony with his presence and he adorned 'The Oder of MTTC' to the students and Dr. Shafi Thomson of Natural Science selected as the best outgoing student of MTTC.



SEND OFF MEETING

In the presence of His Beatitude a send off meeting was also arranged along with the collegeday function. Mr. George Mathew, Jr. Superintendent was honoured at the function for his long service. Bursar father, Thomas Kayyalackal, Theosa president were also participated in the function.



PASSING OUT PARADE AND CANDLE LIGHTING CEREMONY

Passing Out Parade and Candle lighting programme of 2016-18 academic year was organised on 19th March 2018. Social of B.Ed and M.Ed was also organised on the same day. Dr. S. Sreedevi Former Principal of GCTE, Thycaud was the chief guest of the day.



AN EXHIBITION ON ORIGAMI

The Mathematics optional bee hive of 2017-19 batch conducted an ORIGAMI Exhibition on 19th March 2018 as part of the world Maths day based on World Education Games. The students of Mathematics optional presented it in a variety. Dr. S. Sreedevi a great educational thinker and cultural activist inaugurated the programme



TEACHER GENESIS COMPETITION

Labour India College of Education, Pala conducted a teacher Genesis Competition on 21st March 2018. Students from our college participated in the Venture and Sreelekshmi won first prize for Physical Science optional, Shilpa won 2nd prize for Natural Science Optional. Mr. Jobin David of Mathematics optional and Ms. Arya Prasad of Natural Science optional were the other participants from the college who were made an admirable performance.

DR. N. P. PILLAI MEMORIAL AWARD (SPECIAL ACHIEVEMENT)

Dr. N.P Pillai Memorial Award for academic publishing sponsored by N. P. Pillai's family member run by Sivadasan Pillai Foundation annually at Department of Education. Dr. N. P. Pillai award of the year 2018 was honoured to Dr. Giby Geevarghese Associated Professor of Mar Theophilus Training College for her notable services in the educational field.



UNIVERSITY YOUTH FESTIVAL

18 students of 2017-19 batch have participated in the Kerala University Youth Festival on 21st March 2018. Feleeshya, of Social Science optional won the first prize for the essay competition.



Post Graduate & Research Corner

CHRISTMAS CELEBRATIONS were held at M.Ed. department where the teacher educators exchanged gifts with teachers and friends on 20th December 2018.



INTERNSHIPS take teacher educators to the institute for experiences in the field of education and the teacher educators of M.Ed. IInd and IVth semesters from our college were assigned to do the internship in Government College of Teacher Education, Thycaud and St. Thomas training college, mukkolakkal from 16th February 2018 - 8th February 2018.



The institutes that teacher educators (M.Ed. students) from Mar Theophilus Training College visited were TESLA Pedagogic Park, Mitraniiketan and Center for Disability Studies (CDS) for getting indepth knowledge.



EDITORIAL BOARD: His Beatitude Moran Mor Baselios Cardinal Cleemis Catholicos (Patron);

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